

Do's & Don'ts for Under Eye Treatment

1. Patients undergoing treatments in this hospital are advised to take 'Head bath' only if doctor permits.



2. Eye patients have to protect their eyes from soap, oil & water.



3. Do not sprinkle water forcibly and directly towards eyes.



4. Do not expose your eyes to light after the treatment 'Tarpana' & 'Aschotana' till the prescribed time. Use cooling glasses/spectacles or cover your eyes with thick clean cloth during this period.

5. Children should avoid sweating their body due to restless movements and playing.



6. Patients undergoing eye treatment are not to sleep during day time.



7. Deep sleep at night is essential.



8. Restrict your diet to 'Kanji & Dried Ginger Water' during 'Snehapana' treatment.



9. Restrict the use of Fan & Air conditioner when you are undergoing the treatment 'Pichu, Tarpana, Lepa, Bidalaka etc.



10. Do not remove the applied taila, lepa, pichu etc. from your body until you are told to do so. During these treatments, sit comfortably at a place and do not move around.

11. Diabetic patients are advised to give the details of diet prescribed by doctor to canteen in advance.



12. Patients must be available in their rooms at the time of Doctor's visit, oral medication and major treatments.

Details

OPD - (7 am to 1 pm) Everyday

IPD - (24hrs × 7 Days)

Phone - 7008176012, 9437055021 Email Id: info@astangayurveda.com

Website: www.astangayurveda.com

